

The Sacraments of Healing

Anointing of the Sick & Confession



**“The time is fulfilled,
and the kingdom of God is at
hand;
repent and believe in the
Gospel.”**

Mk 1:15

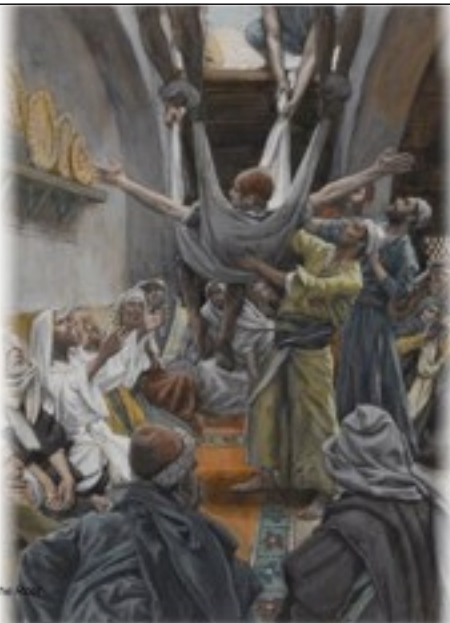
The Sacraments of Healing open us for life in the Kingdom through:

- ✝ the restoration of grace
- ✝ the grace to embrace suffering
- ✝ purification and penance



Healing at the Pool of Bethesda
Caravaggio
1593

CCC | 503-1504



The Paralytic Let Down Through the Roof
Bernini
1686-1690



Suffering

Salvifici Doloris



Suffering



Job and His Friends
Bya Rapin
1858

Anointing of the Sick

Effects of the Sacrament:

- ✚ union with the passion of Christ
- ✚ the strengthening, peace, and courage to endure in a Christian manner the sufferings of illness or old age
- ✚ forgiveness of sins
- ✚ the preparation for passing over to eternal life
- ✚ physical healing, if conducive to the health of the soul

Anointing of the Sick

Effects of the Sacrament (cont):

✝ *An ecclesial grace*

"The sick who receive this sacrament 'by freely uniting themselves to the passion and death of Christ,' 'contribute to the good of the People of God.'"

CCC 1520-1523, 1532
Lumen Gentium 11

Anointing of the Sick

Mark 6:7-13

*And they cast out many demons,
and anointed with oil many that were sick and healed them.*

James 5:14-15

*Is any among you sick?
Let him call for the elders of the church, and let them pray over him,
anointing him with oil in the name of the Lord; and the prayer of faith
will save the sick man, and the Lord will raise him up; and if he has
committed any sins, he will be forgiven.*

Anointing of the Sick

Matter:

blessed oil

Form:

prayer of the priest

*"Through this holy anointing and His most loving mercy,
may the Lord assist you by the grace of the Holy Spirit,
so that, freed from your sins, He may save you and in
His goodness raise you up."*

Anointing of the Sick

Who receives?

Important point for catechesis:

“As soon as anyone of the faithful begins to be in danger of death from sickness of old age, the *fitting time for him to receive this sacrament has certainly already arrived.*”

CCC 1514-1515

Confession

Where are you?

Who told you?

What is this that you have done?

Where is Abel your brother?

What have you done?

Confession

Scriptural Roots

- ✦ Liturgical act of sacrifice
- ✦ Penance and act of forgiveness
- ✦ Intercession of priest

Leviticus 5:5-6



Confession

John 20:21-23

"Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

Confession

"Confess your sins in church, and do not go up to your prayer with an evil conscience. This is the way of life. . . . On the Lord's Day gather together, break bread, and give thanks, after confessing your transgressions so that your sacrifice may be pure."

Didache 4:14, 14:
[A.D. 70]

Confession

Why?

For our sake, not His

A necessary step for healing

this doesn't mean
original sin isn't
'actually' sin...
this refers to the fact
that 'actual sin' is
committed by a
personal act.

Original sin

impersonal
contracted without consent

Actual sin

personal
committed with consent
removed with consent

Confession

Effects of the Sacrament:

- + reconciliation with God & restoration of grace
- + reconciliation with the Church
- + remission of the eternal punishment and (at least part) of temporal punishment due to sin
- + peace and serenity of conscience & spiritual consolation
- + an increase of spiritual strength for the Christian battle

CCC 1468-1470, 1496

Confession

Matter:

The acts of the penitent:
contrition, confession,
willingness to make satisfaction

Confession

contrition:

sorrow of the soul and detestation
for the sin committed, together with the
resolution not to sin again

perfect contrition

imperfect contrition

CCC 1451-1453

“Absolution takes away sin, but it does not
remedy all the disorders sin has caused.
Raised up from sin, the sinner must still
recover his full spiritual health by doing
something more to make amends for the
sin: he must ‘make satisfaction for’ or
‘expiate’ his sins.
This satisfaction is also called ‘penance.’”

CCC 1459

Confession

Form:

Priest's prayer of absolution

*God the Father of Mercies, through the death and
resurrection of His Son, has reconciled the world to
Himself and sent the Holy Spirit among us for the
forgiveness of sins.*

*And I absolve you from your sins in the name of the
Father, and of the Son, and of the Holy Spirit.*

Confession



Confession

"Is any among you sick?

Let him call for the elders of the church ... and if he has committed any sins, he will be forgiven.

"Therefore, confess your sins to one another, and pray for one another, that you may be healed."

James 5:13-16



"If the sick person is too ashamed to show his wounds to the doctor the medicine cannot heal what it does know."

-St. Jerome

Confession

Frequency

confession of serious sins:

- ✝ at least once a year
- ✝ before receiving Holy Communion

➤➤ Fruits

forming of conscience
fight evil tendencies

spurred to be merciful
let ourselves be healed

CCC 1458

Confession

Complete

Clear

Contrite

Concise

