

Nurturing a Mother's Heart

Women's Retreat at Siena Hall Conference Center, Nashville

June 26-28, 2026

Speakers: Sister Gabriella Yi, O.P. & Claire Lawhorne

FRIDAY, Jun. 26

- 4:00-5:15 pm Arrive and settle into your room
5:30 pm Welcome & Orientation
6:00 pm Dinner
7:00 pm **1st Conference: "Nurturing a Maternal Heart"**
Quiet time for prayer, reflection, or rest

SATURDAY, Jun. 27

- 8:00 am Breakfast
9:00 am **2nd Conference: "Nurturing a Bridal Heart"**
10:00 am Break
10-10:45 am Confession available
10:15-10:45 *Optional: Discussion (main lobby)*
11:00 am **Holy Sacrifice of the Mass**
12:00 pm Lunch
1:00 pm Confession available
2:00-2:45 pm *Optional: SoulCore Rosary*
3:00-3:45 pm *Optional: Art Activity*
4:00 pm **3rd Conference: "Nurturing a Filial Heart"**
5:00 pm Group Picture (near entrance)
5:15-45 pm *Optional: Discussion (main lobby)*
6:00 pm Dinner
7:00 pm **Eucharistic Adoration**
8:00-9:00 pm *Optional: Social Hour*

SUNDAY, Jun. 28

- 8:00 am Breakfast
9:00 am **4th Conference: "Nurturing an Ecclesial Heart"**
10:00 am Time for Packing
10:30 am **Holy Sacrifice of the Mass**
11:30 am Closing Remarks and Departure

Draft schedule – Subject to change