

The Spirituality of the Catechist

Use this form to examine of your own spiritual life. Try to come up with one resolution for each area. First reflect on these words:

“I planted, Apollos watered, but God caused the growth. Therefore neither the one plants nor the one who waters is anything, but only God, who causes the growth” - 1 Cor3:6-7

"God has created me to do Him some definite service. He has committed some work to me which He has not committed to another. I have my mission. I may never know it in this life, but I shall be told it in the next. I am a link in a chain, a bond of connection between persons. He has not created me for naught. I shall do good; I shall do His work. I shall be an angel of peace, a preacher of truth in my own place, while not intending it if I do but keep His commandments. Therefore, I will trust Him, whatever I am, I can never be thrown away. If I am in sickness, my sickness may serve Him, in perplexity, my perplexity may serve Him. If I am in sorrow, my sorrow may serve Him. He does nothing in vain. He knows what He is about. He may take away my friends. He may throw me among strangers. He may make me feel desolate, make my spirits sink, hide my future from me. Still, He knows what He is about."

-Blessed John Henry Newman

Catechists' spirituality should bear the marks of:

1. Weekly attendance of Mass and reception of the Most Holy Eucharist

2. Frequent reception of the Sacrament of Penance

3. Personal prayer – special devotion to Mary
4. Daily prayer for faith, hope, and love.
5. Daily prayer for students, parents, and all those involved in catechesis.
6. Continuous study of the Catholic Faith